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*THE TABLET*  
**TEMPLE SINAI OF PALM BEACH COUNTY**

SEPTEMBER 2009 - TISHRI CHESHVAN 5770

## TORAH IN THE ROUND

By Rebecca Lippmann

### SEPTEMBER

**September 5, 2009 16 Elul 5769 Pg. 1347-1367**  
**Ki Tavo Deuteronomy 26:1-29:8**  
What did Moses and the elders require of the Israelites when they crossed the Jordan River?  
**Facilitator: Helene Wartel**

**September 12, 2009 23 Elul 5769 Pg. 1372-1381**  
**Nitzavim/Vayelech Deuteronomy 29:9-31:30**  
What warning and promise does Moses offer in behalf of G-d to the Israelites?  
**Facilitator: David Lansky**

**September 19, 2009 1 Tishri 5770 Pg. 135-148**  
**Akeda Genesis 22:1-19**  
How was Abraham tested?  
**No D'var Torah - First Day Rosh Hashanah**

**September 26, 2009 8 Tishri 5770**  
**Pg. 1398-1412**  
**Ha'azinu Deuteronomy 32:1-52**  
What was Moses' song all about?  
**Facilitator: Dr. Richard Dodes**

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**BEACH COUNTY**  
2475 West Atlantic Avenue  
Delray Beach, Florida 33445  
Telephone: (561) 276-6161  
Fax: (561) 276-3485  
Religious School Phone: (561) 276-4142  
E-Mail: [info@templesinaipbc.org](mailto:info@templesinaipbc.org)  
Website: [TempleSinaiPBC.org](http://TempleSinaiPBC.org)

## SOME THOUGHTS ON YOM KIPPUR

By Dr. Richard E. Dodes

Over the years, students have asked me why we fast on Yom Kippur. There are numerous answers to this question. Of course, the Torah tells us to practice "self-denial" (Leviticus 23:27.) The "self-denial" which is the most well known is fasting, abstaining from food and drink for approximately 25 hours. Of course, besides eating and drinking the following is also forbidden; marital relations, bathing, and applying lotions. I left out the traditional forbidden rule - can you guess which one? A clue: it has to do with something you are forbidden to wear on Yom Kippur. If you think you know, see me, thanks!

The following are ways to prepare so one doesn't get sick or faint while fasting. Try to limit caffeine intake days before Yom Kippur. Your meal before Kol Nidrei should contain high carbohydrates and a low amount of salt. Don't eat a lot before the fast, but drink plenty of water. After the meal, drink warm water with sugar and brush your teeth.

Since Yom Kippur is a day of intense self-searching and communicating with Ha-Shem, some have said that the search requires an internal calm which derives from slowing down our biological rhythm. Teshuvah or repentance involves our thinking about the last year and to try to do better in the future. To repent requires discipline. By fasting we are showing ourselves that we can submit to discipline and have control over the "Yetser Ha-ra" - the evil impulse. We learn to curb our appetites and in that way we atone for our excesses toward others. By doing this in a private matter (fasting), we begin the path toward controlling our public behavior. By suffering some hunger, we remember the suffering of our people and all people who do not have basic necessities. We are drawn to all those who live lives of deprivation. The fasting is only done to turn us back to a world prepared to act with love and respect towards others and to improve ourselves in the coming year.



## RABBI'S MESSAGE

Shalom Chaveirim,

The New Year 5770 is almost here! It has been a great first year for me at Temple Sinai. I have gotten to know so many wonderful people. I've been able to pray, teach, laugh and sing with all of you. And there were times when we grieved together, prayed for health and healing together and worked on building a better future for ourselves and our congregational family together. At the same time, it has been a year of growth for my family as we move into a new house, change gazillions of diapers, and watch babies grow into toddlers. And through it all, I wouldn't change a thing!

We can all do something simple to get a head start at making the New Year even better than the one that is about to end. *Tikkun Olam* means "repairing the world" and we do *tikkun olam* in many ways – giving tzedakah, volunteering time, visiting the sick and bringing a little light into people's lives. One way we can do a little *tikkun olam* for 5770 is by sharing Temple Sinai with even more people.

It's not too late. There are still Jews out there who don't know about us and who have not yet made plans for the High Holy Days. Please, tell someone you know about us. Offer to give them a ride to services on a special Friday night. Tell them how much you'd love it if they would celebrate the New Year with you and all of us. Remind them that there is something infinitely better to do on Friday night and Saturday morning than watching TV. Your encouragement may be just the thing a neighbor needs to get out of the house and into *OUR* house!

And if I can help, just say the word. Do you want me to make a call, write a letter, pay a visit, or speak at your association's next meeting? Just ask. I will gladly be your partner in growing our Jewish community in 5770. Call me at the Temple at 561-276-6161 x18. Let us do *tikkun olam* together. Let us make it a sweet New Year for our own families, our congregational family and those yet to discover what we mean when we say, "Faith, Family & Friends" at Temple Sinai.

Shanah Tovah u'Metukah – A Good and Sweet 5770 to ALL!

Rabbi Greg Kanter

## THE YEAR 1909

This will boggle your mind! The year is 1909. One hundred years ago.

What a difference a century makes! Here are some statistics for the Year 1909.

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The average life expectancy was 47 years. Only 14 percent of homes had a bathtub.  
Only 8 percent of homes had a telephone. There were only 8,000 cars and only 144 miles of paved roads.  
The maximum speed limit in most cities was 10 mph.

The tallest structure in the world was the Eiffel Tower. The average wage in 1909 was 22 cents per hour.  
The average worker made between \$200 and \$400 per year.

More than 95 percent of all births took place at home.  
Ninety percent of all doctors had no college education! Instead they attended so-called medical schools, many of which were condemned in the press AND by the government as 'substandard.'  
Sugar cost four cents a pound. Eggs were fourteen cents a dozen.  
Coffee was fifteen cents a pound. Most women only washed their hair once a month, and used Borax or egg yolks for shampoo. The American flag had 45 stars.  
The population of Las Vegas, Nevada was only 30!!!!  
Crossword puzzles, canned beer, and iced tea hadn't been invented yet.  
There was no Mother's Day or Father's Day!!

Two out of every 10 adults couldn't read or write. Only 6 percent of all Americans had graduated from high school.

Eighteen percent of households had at least one full-time servant or domestic help.

There were about 230 reported murders in the entire U.S.A.!!

*Try to imagine what it may be like in another 100 years!!!!*

TRUE CARE PROFESSIONALS AD

# RELIGIOUS SCHOOL

Dear Religious School Families,

Religious School will be closed on Sunday, September 6<sup>th</sup> for Labor Day, and will resume on Sunday, September 13<sup>th</sup>.

The **Family Rosh Hashanah service** is on Saturday, September 19th, 2009 from 12 noon – 1:00 pm, and the **Family Yom Kippur service** is on Monday, September 28, 2009 from 12:45 pm - 1:45 pm. If you would like your family to participate in one of the High Holy Day services (a small English reading part, or opening the Ark) please send an email to Mr. Osher: [schooldirector@templesinaipbc.org](mailto:schooldirector@templesinaipbc.org). These services are Family services, and we like to honor families by having you participate with your children.

We are so excited about our new CHAI URJ curriculum. This new curriculum will be implemented in Grades 1<sup>st</sup> through 6<sup>th</sup>, and focuses on the three main centers of Judaism: Torah, Avodah (Prayer and learning T'fillah), and G'milut Chasadim (doing acts of loving kindness, or Mitzvot – making the world a better place for all!) Please ask your children what they are learning in class, and make sure to read the letters that come home and explain what they experienced in class. For this coming year, the Hebrew learning and decoding will remain the Behrman House system, but we hope to adopt the CHAI Hebrew program for the following year. Both these programs are considered cutting edge in Jewish education, and we are excited about introducing them in our Temple.

As you know, Sukkot comes on the heels of Yom Kippur, and as such we will need your help to decorate our Sukkah before the Sunday, October 4<sup>th</sup> Religious School Family program. We ask that you come in on **THURSDAY, OCTOBER 1<sup>ST</sup>, AT 6:00 PM TO PARTICIPATE IN THE MITZVAH OF DECORATING THE SUKKAH.** This year, Simchat Torah falls on Friday, October 9<sup>th</sup>, and we will be celebrating this joyous Family Shabbat holiday with singing and dancing with the Torah's on Friday, October 9<sup>th</sup>, 7:30 pm. For the remainder of September Sunday the 6<sup>th</sup> is Labor Day and NO school, and the 13<sup>th</sup> is regular school, the 20<sup>th</sup> is closed for Rosh Hashanah, and the 27<sup>th</sup> is regular school.

Please log on to the Temple website ([TempleSinaiPBC.net](http://TempleSinaiPBC.net)) for all additional school information. If you have any questions or concerns, please contact Mr. Osher at [schooldirector@templesinaipbc.org](mailto:schooldirector@templesinaipbc.org), or 561-276-6161 Ex. 19.

Lastly, the new school e-mail address is [SinaiSchool@Yahoo.com](mailto:SinaiSchool@Yahoo.com), so if you receive an email from us, please read it and respond.

We wish you all a meaningful High Holy Day experience.

Shannah Tovah & G'mar Chatimah Tovah (May you be inscribed in the Book of Life!)

Steve Osher  
Religious School Director





## **CO-PRESIDENTS' MESSAGE**

**By Bob Silver & David Stern**

During the more than 30 years Temple Sinai has been in existence, at times we have had financial problems. This year, due to the unfortunate downturn in the economy, our financial crisis has reached a high point. With some of our members needing assistance paying their dues, children in our Religious School on full scholarship, and a projected decrease in High Holy Day ticket sales; the Board of Directors had to come up with new ideas to raise the necessary funds to balance the budget.

Our members received the Gift Card Program in the mail and it will help to generate funds to be used for Temple operations if we support it. This program offers members and their friends the opportunity to purchase gift cards at face value, incurring no fees, and the Temple will earn a small commission from the merchants. This is one easy way to support our Temple. The program is an easy way for our members to help and participate in meeting our financial goals.

Another fund raising idea that has met with success is our Wall of Life brick program. When you purchase a brick you are supporting Temple Sinai, thus allowing us to meet our financial goals with necessary funds to operate our Temple.

Some other creative fundraisers like using the "Good Search" search engine (where we earn money every time we do a search), a Raffle to help the Religious School and a Temple Sinai Credit Card will help to close our deficit.

What are the alternatives? If these new innovative and creative fund raising ideas do not generate the necessary funds Temple Sinai will need to:

1. Cut some of our wonderful programs and events.
2. Charge for our Religious education programs, reduce staff and not provide new and exciting programs.
3. Lastly, have our members pay the deficit with an increase in yearly dues.

In looking at the above list, we realize that we do not want to exercise any of these options. But, it is necessary to do something. The members and friends of Temple Sinai can help solve the problems. The Gift Card Program doesn't cost you anything. These cards will allow us to generate some of the necessary funds. Buy a brick for yourself, your children, grandchildren or great-grandchildren – a wonderful, personal way to generate necessary funds. "The ball is in your court and ours."

We welcome new ideas and encourage those who are able, to contribute generously, so that we can emerge from these difficult times stronger than ever.

## **PLEASE HELP!!!!**

Rabbi Greg and Cantorial Soloist, Margaret, visit our congregants who are in the hospital or at home ill. However, I have received several phone calls from people who were upset that they did not receive a visit or a call. In every case the office was not aware of their hospitalization.

PLEASE...if you know of someone who should be visited, do not assume that the office knows, I would rather answer four phone calls about the same person than none at all. In the same respect, please let me know when names should be removed from the Mishebeirach list.

Thanks for your help.

*Lillian Weiss*



## **CONDOLENCES**



To the family of Ruth Hassan.

To Peter Rosenberg and family on the passing of his mother, Ruth Hirschhorn.

To Edith Rueger and family on the passing of her husband, Boris.

To Shanna St. John and family on the passing of her mother, Florence Larva.

To the family of Arnold Waldman.

## **So Maybe You Could Be An Usher...**

The High Holidays are coming and Temple Sinai will, as always, have a first-rate group of members serving as ushers in the sanctuary. Would you like to serve as an usher this year? **We especially need help during the late services this year!**

### **Here are the qualifications:**

You can be cheerful when you greet the members and guests.

You are willing to hear one person say, "What is this a sauna?" and then the very next person say, "It's snowing over by our seats." Then you can pretend to adjust the thermostat. (*Real climate control changes are made only by the Co-Presidents, Rabbi and, of course, God*).

No heavy lifting, except prayer books.

### **The benefits:**

You'll be making our members, guests and community feel more at home.

And, surely there's a mitzvah about helping people. Oh, and you get to wear a name badge and a flower for your lapel. (Here's a job where the rewards don't wait for the world to come).

Please join the Usher Corps. Interested parties, please call Manny Spunt (495-0038) or the Temple Office (276-6161). Thank You!



## **HEALTH WATCH**

*By Alice S. Berman*

### **SUN EXPOSURE**

Florida has been called the "Land of Milk and Honey." However, the intense rays of the sun can reap havoc to your health, if you overdo exposure to the sun, not only when the sun is brightest, but also on a cloudy day.

Sunscreen and sun block are not the same. Sun block, which is opaque, blocks almost all of the sun's UVA and UVB rays. Sun block does not have to be reapplied every few hours.

Sunscreens are less visible on the skin and are designed to block both types of ultra violet rays; however, they do allow some radiation through—thus they need to be reapplied every few hours. The ingredients in sunscreen break down after exposure to sunlight. Choose a sunscreen with a high SPF and apply generously.

The body uses sunshine to make Vitamin "D" so aim to get fifteen to twenty minutes of sun every day, before applying sunscreen. Vitamin "D" is sometimes called the "Super Vitamin." It plays a significant role in bone health and reduces the risk of developing cancer and autoimmune disorders.



## MEMBERSHIP RECRUITMENT

When we think of September, our thoughts turn to the High Holy Days. It is the beginning of the New Year. At Temple Sinai it means people will start to return from their summer vacations and lots of events will be starting up.

Our summer was active with many new people joining our congregation. We encourage all of our new members to find an area of interest to you, join a committee and become active. This will enable you to make new friends and feel the warmth of our members. Some have joined the membership committee and I am delighted. Each brings new ideas to us. On Friday evenings each committee member takes an active part; greeting guests as they enter our temple pinning a flower on them, having them sign our guest book and showing them to the sanctuary. After services committee members are eager to greet guests at our Oneg Shabbat. Many want to meet the Rabbi and Cantor. Our clergy is delighted to chat with them, too. We know that there are so many questions each needs answered about Temple Sinai. Membership packets are available as well. It is so nice to hear how much they enjoy our services and feel at home with our congregation. The friendliness they experience is not a one time happening, it is the way we are. That is how Temple Sinai differs from other congregations. Our slogan, *Faith, Family & Friends* says it all.

Many of our congregants introduce me to guests they have chatted with who may need more information on becoming a member. The involvement of our members is unique. Thank you. You are a vital to our growth.

I wish to thank my committee in advance for their commitment in the year ahead. If you wish to join our committee, please contact me by phone or e-mail: [judywstern4@aol.com](mailto:judywstern4@aol.com) or 330-8349.

I wish you and your families a very Happy & Healthy New Year.

L'Shana Tovah,  
Judy Stern, Vice President



## MEMBERSHIP RETENTION

As Rosh Hashanah and Yom Kippur approach, wouldn't it be a perfect time to become involved in a *Chavurah*?

*Chavurah*...Another word for friends.

To enrich your Temple experience, consider forming a *Chavurah*. *Chavurah* (plural is "*Chavurot*") comes from the Hebrew word, *CHAVER*, meaning friend, or fellowship. This is a group of friends who get together on a regular basis to do, well, whatever they like to do. For many, the *Chavurah* becomes an extended family. Some *Chavurot* are interested in studying different aspects of Judaism and schedule their meetings to accomplish this goal together. But a *Chavurah* can also be for socializing, sharing simchas (joys), celebrating holidays, or just meeting periodically to break bread together or see a show, or go to the beach. Or it could be a group of people with a hobby in common like golf, computers, antiques, crafts or just about anything.

How do *Chavurot* "happen?" It can be spontaneous. A group of people might sit together at the Oneg after Shabbat Services and get along well, and "poof" - there's a new *Chavurah*. Or, you might have to *seek out* others with similar interests. To help you do this, in this issue is a form that you can fill out. Please return it to me, Elaine Young, in person or mail it or leave it in the Temple office marked with my name and they will make sure I get it. If the Membership Retention Committee matches you up with someone with similar interests, you will be contacted with the name or names of those people, and they will be given your information.

A *Chavurah* usually works best with no more than 10-12 people, so that the get-togethers are not too hard to coordinate, but there are no hard and fast rules. Some *Chavurot* consist of couples and single people, some are all singles, some all couples. Some are families with children. The object is for you and the others to enjoy your time together.

If you do form a *Chavurah*, we would appreciate someone from the group contacting us with a list of who is in the group. We try to keep a list of all of the *Chavurah* Groups and their members. You can e-mail us at: [retention@templesinaipbc.org](mailto:retention@templesinaipbc.org), or call Elaine Young at (561) 487-0449.

Have a healthy and happy New Year!

Faga Goodman & Elaine Young  
Co-Vice Presidents



## FUND RAISING

We are very happy to wish all of you a very Happy, Healthy New Year.

We hope to see you support many of our new and upcoming programs for your enjoyment and the success of our Temple. Your support is critical to meet the goals we have set for this year. Join us in making them a reality.

Our opening events for the year are our Erev Rosh Hashanah Dinner and Break the Fast. See the flyers in this issue of the Tablet and sign up NOW!! Don't waste your time cooking. Join your Temple Sinai friends and family for two wonderful evenings catered by our own B & S (Bob and Steve) Caterers. You'll be glad you decided to be with us for the holiday. Mark February 6, 2010 on your calendar now!! It's the night of our GALA CELEBRATION, honoring Senator Ted Deusch. We're changing the format this year. We'll be enjoying exciting entertainment as part of the evening's festivities. Plan to be with us this year for the Gala Celebration and Silent Auction. Start getting your items for the Silent Auction and your Ads for the Ad Journal. It's never too early to begin to support Temple Sinai's largest fundraiser.

Our new **Gift Card Program** has begun and we expect it to become one of our Temple's biggest fund raisers. It won't cost you any more money than you're spending already. Just order your Gift Cards (both for your personal use and for gifts) by any Monday before 10 AM and you can pick them up by Friday of that week. There are so many companies on the list, every member and your friends should be buying Gift Cards. Don't be caught without a card for Walgreens, CVS or Walmart in your wallet. This is just an example: you can choose restaurants, department and discount stores among others. You make out your check to Temple Sinai, you get the full value of the Gift Cards - with no fees - and Temple Sinai makes money. It's as easy as that for this easy project to be a huge success!!! Place your orders weekly or as often as you wish. We need you and your friends to really make this the major fundraiser we know it can be!!

Judy Herman & Susan Pinsky  
Co-Vice Presidents



## SOCIAL ACTION

The Social Action Committee has had a successful year helping our community, the Emek Medical Center in Israel, and our Temple Members. In spite of difficult economic times, our Temple family has been generous in their weekly Tzedakah contributions, as well as donations of food, clothing and toiletries for those in need. With the High Holy Days fast approaching, we once again ask for your extra help in this most import endeavor, helping people in need with donations of non-perishable food, kosher and non-kosher.

Thank you for your continued support.

**L'shana Tova to our Temple Sinai friends and family, and to all those you hold dear.**

*Evelyn Reich and Steve Saposnik,  
Co-Vice Presidents*

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### Letter to the Editor

As I was leaving the Temple recently after a Sisterhood Board meeting, I saw the Gin family, all five of them: Rhonda Levine, Brian, and their three lovely children, Amberley, Brandon, and Tyler. What could they be doing at the Temple on a Monday afternoon, I thought?

They were not reading Hebrew books or studying in anyway, they were stuffing envelopes for a mailing that the office needed to send out. How nice, that this project was being taken care of by this dedicated family. The Gin family have been members of the Temple for the past several years. The three children attend Sunday school, Amberley the 3rd grade, Tyler the 4th grade, and Brandon the 6th grade. Like so many of our Temple members they, too, came from New York; and they are now enjoying the many goodies that living in Florida has for all of us.

We see them all at Friday night services. The children enjoy being there and the parents enjoy mingling with everyone, their Friday night out as a family. A good family habit for young families to do together. Families that pray together stay together. Yes, a pretty picture to paint, a pretty picture to see, and a pretty picture to share with other Temple members.

Lillian Nadler



## OUR LIBRARY

In the last issue of the Tablet and at the Temple's Annual General Meeting in June, our presidents stated, "the Library staff does an outstanding job in maintaining and updating our first-class selection of books." The Library staff is more than outstanding. They are amazing! The library has expanded. New shelves have been added giving the library lots more room, and therefore 8,000 books had to be moved. This was accomplished by the "Herculean" efforts of the young ladies on our staff. These wonderful, creative and beautiful ladies who give their time and effort to the library are Betty Avner, Barbara Cooper, Gloria Levin, Lillian Nadler, Arlene Robert, Florence Rodner and Beverly Spector.

Please come and see how great the Library looks. As we moved books, we were amazed at the contents of our Library. In fact we would have finished sooner if we hadn't stopped to peruse a book and exclaim "isn't this interesting?" **The Temple Library contains a world of knowledge and entertainment.** We look forward to seeing you.

Our next step in improving our Library is to have our contents computerized. We are working on it. We need new computers to start.

All of us on our staff sincerely thank you for your donations to the Library Fund and the books which bring us the income to purchase new materials. A wonderful way to honor someone is to purchase a Shelf Marker or dedicate a book in their honor. The cost for the marker is \$50.00 and the book dedication is \$25.00.

We wish all a Healthy and Happy New Year.

Arlene Robert

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A man's wisdom extends only as far as his books,  
and a man should sell all he may possess to buy  
books. For as our sages said:  
"He who increases books, increases wisdom."

(Judah Companion)

### NEW ON THE LIBRARY SHELVES

#### ***The Defector* by Daniel Silva**

The author's new intrigue novel with his hero, Gabriel Allon.

#### ***The Guernsey Literary and Potato Peel Pie Society* by Mary Ann Shaffer and Annie Barrows**

Named as one of the ten best books of the year by Time and USA Today, this novel discusses the aftermath of World War II in England.

#### ***Best Friends Forever* by Jennifer Weiner**

A hilarious adventure and a story about betrayal and loyalty, family history, and small-town secrets.

#### ***Liberty and Tyranny: A Conservative Manifesto* by Mark R. Levin**

The book provides a philosophical and a historical framework for conservative idealism.

#### ***Chasing Harry Winston* by Lauren Weisberger**

A story about two friends who make a pact to change their lives.

#### ***Finger Lickin Fifteen* by Janet Evanovic**

A Stephanie Plum novel. The detective hunts two killers.

#### ***Rashi's Daughters: Book III Rachel* by Maggie Anton**

A novel of love and the Talmud in Medieval France.

#### ***Together Alone* by Barbara Delinsky**

A tension-building story of family, mystery, betrayal, and friendship.

#### **The following are poems by Yakov Azriel based on the following Biblical books:**

***Threads from a Coat of Many Colors (Genesis)***  
***In the Shadow of a Burning Bush (Exodus)***  
***Beads for the Messiah's Bride (Leviticus)***

#### ***I Refused to Die* by Susie Davidson**

Stories of the Boston area Holocaust survivors and the soldiers who liberated them.



## RELIGIOUS ACTIVITIES

As we move closer to the High Holy Days, we're reminded that the observance of Rosh HaShanah and Yom Kippur are highly individual experiences. And with these days, each and every year, there is reason for gratitude for the year that has passed.

Broken relationships have healed, losses of loved ones bring memories of lives well-lived and illnesses/disabilities remind us of our weaknesses and our strengths. We believe that the promise has not been that our lives will be easy, the promise is that we are able to deal with obstacles and situations presented to us and that from these experiences, we can emerge stronger than before.

With our clergy, it is the function of Religious Activities to provide places and time for deep worship/meditation. For the New Year, we wish to build on what has already been accomplished. Rabbi Kanter and Cantorial Soloist Margaret Schmitt will be working hand in hand with The Religious Activities Committee in our efforts to deepen and broaden our worship experience.

We welcome back those of our congregants who have been away, and wish all our members many good wishes for the New Year.

Gary Bandel & Barbara Weinberg  
Co-Vice Presidents

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### SHIVA

We need volunteers to take a one evening course given by Rabbi Kanter. The course will teach how to do a Shiva Service in the home. Doing this service for families of those who have passed is both a privilege and a wonderful mitzvah. The course will take place shortly after the High Holidays. If you take this course, you can expect to be asked to do a Shiva Service sometime during the course of the year.

We can assure you that the families are always grateful and you will leave the home knowing you did something so very important. Please call either Barbara Weinberg (561-381-7750) or Gary Bandel (561-865-8622) if you can help.

Thank you!

## ADULT EDUCATION

After the High Holy Days have sustained us, Adult Education of Temple Sinai is preparing for the Jewish calendar year 2009/2010. It gives me great pleasure to introduce my Co-Vice President of Adult Education, Dr. Richard Dodes, a retired psychologist, a Temple Sinai Hebrew Teacher, a facilitator at our Saturday morning D'var Torah sessions, and also an instructor of Talmud in our Adult Education Program. In addition, he will be teaching the Conversion class and B'nai Mitvah class. He is a knowledgeable master teacher.

We will have a kaleidoscope of many varied and interesting classes commencing on October 15, 2009. Marty Teitelbaum, a fount of knowledge and a member of Temple Sinai, will offer a graphic presentation about the Negev. He will show us on-going plans for the flowering of Israel.

On October 22nd, you will have an opportunity to meet Dr. Richard Dodes and will be introduced to the intricacies of the Talmud and be amazed at its relevance for today.

On October 29th, Gloria Fleischner, a devoted member of Temple Sinai, will present some insights into Kabbalah and how it can help us glean more from our life experience.

Now it is up to you to avail yourself of some of our wonderful programs so.....take out your calendars and highlight Thursdays at 10:30 AM until the end of May 2010.

I promise you an interesting, entertaining, educational and friendly Thursday morning.

Richard and I are looking forward to meeting all of you. **SHALOM.**

Rebecca Lippmann, Co-Vice President

Dr. Richard Dodes, Co-Vice President

## BIKUR CHOLIM



What is it? It is an opportunity to connect with those members of our congregational family who are ill or homebound. A phone call or a short visit is all that is required.

We say we are a family, but the act of caring is what our Judaism asks of us. This small act of kindness means a great deal to those who are unable to attend services or other Temple activities. Please contact Gary Bandel or Barbara Weinberg, co-chairs of Religious Activities, for more information, if you can help perform this mitzvah.

## Answers to Torah in the Round

### SEPTEMBER

1. Large pillars were to be erected and covered with plaster and lime with words of Torah.
2. If the people repented then all the Israelites in the diaspora would be returned to Israel.
3. Abraham was about to show G-d his obedience by sacrificing his son, Isaac, but a ram appeared and Isaac was saved.
4. Moses' song related the wilderness experience of the Israelites over the 40 years in the wilderness.

## DONATED FUNDS

Rabbi's Discretionary Fund  
Cantorial Soloist Discretionary Fund  
General Fund                      Yahrzeit Fund  
Bima Flower Fund                Choir Fund  
Library Fund                      Building Improvement  
Religious School                Sisterhood  
Scholarship Fund

### TWO EASY WAYS TO DONATE!

*By phone:* Call Lillian Weiss in the Temple office at 276-6161, ext. 23.

*By mail:* Simply mail your donation information (with a check) to:  
Temple Sinai  
2475 W. Atlantic Avenue  
Delray Beach, FL 33445

## **Tot Shabbat Resumes Saturday, October 3 10:00 AM Wave the Lulav**



Tots, Siblings, Moms, Dads,  
Grandmas and Grandpas

Join our Succot Celebration.

Reservations Required.

RSVP to Ms. Sheila at  
(561) 391-4826.

Join us for stories, songs,  
a short service, related edible craft  
activity and brunch.



## WHEREVER I GO

*(Reflections After Walking the  
Labyrinth)*

A Poem by Sandy Silver

*I am never far from God..  
Wherever I go, wherever I turn  
God is there.  
I feel His energy.*

*I stand still. All is quiet.  
All is new, Brand new.  
There can be no rush  
To the Source  
The Source of all.*

*But fear not  
God is all around us  
In everything we do.  
Just stop, Stand still  
Be Ready, Be willing*

*And drink it all in.  
Let God fill you.  
With the Sweet Nectar of Surrender  
The drink of Truth and of Love.*

*Be still.  
Close your eyes, Or open your eyes  
There is no difference.  
God is there for me  
Wherever I am.  
This gift is Precious.*

## BEREAVEMENT GROUP

We are a group of people who are in various stages of loss addressing our grief.

In a warm and safe atmosphere, we support each other and develop trust and comradery. Many times a person shares a strategy for coping that we can relate to.

Our goal is to heal our hearts, while moving forward with renewed strength and confidence, and perhaps even meet some new friends. We meet each Tuesday from 2:00 to 3:30 p.m. at Temple Sinai.

### REMINDER FROM THE EDITOR

Please note that articles for the October Issue and dates to be included in the Calendar of Events must be submitted to the office NO LATER THAN September 1, 2009.  
*Thank you.*

**Judy Stern—Realtor  
Member of Temple Sinai**

**Judy Stern's Ad**

## A MESSAGE TO MY CARING COMMUNITY

In *Beresheit 2:18* we read that *Adonai Elohim* said "It is not good for a man to be alone. I will make a fitting helper for him." And, in the lyrics of the contemporary Wedding Song, we hear: as it was in the beginning, is now until the end, woman draws her life from man and gives it back again and there is love. If we accept Talmudic commentary, we learn that marriage enables us to be complete.

Arnie and I completed each other for 21 years. Today, I have a hole in my heart, but I am not a woman who is alone. I have fabulous children and four amazing granddaughters who are my loving family.

Throughout the ages Jewish life cycle events have been shared by the entire Jewish community. Within our Temple Sinai community, I am surrounded by my other family. Together, with our clergy, we rejoice in each simcha and we support each other in life's sorrows. Our caring community, *Kehillat Chesed*, of children, men and women has constantly been with me during Arnie's health crises. Your calls, visits, and silent hugs continue to give me strength to face another day. You were with me at the cemetery when Ayla said "God is crying." You held my hand through *shiva and sheloshim* and you are with me today.

Like other families who "shul shopped" when they moved to the area, Arnie said "This is the one. I really like the people here." Becoming members of the Temple Sinai family enriched our lives in countless ways. Caren & Jaime, David & Lisa, Rachel & Eddie and my beautiful granddaughters join me in thanking all of you for your prayers, encouragement and contributions in Arnie's memory.

Love,

Lynne Weinstein

## A SPECIAL THANKS TO...

Morris Jackler for his contribution for the L'Chaim to Life Wall and the two stained glass windows on either side of the brick wall.

Dr. Richard Dodes for his contribution for the refurbishing of the Torah breast plates and crowns.

Dr. Dorrie Adler for her donation of the vertical blinds in the Garden Room.

We, the Temple members, truly appreciate these contributions.

## WELLNESS STRATEGIES AD



# SISTERHOOD NEWS

By Elisa Eisenman & Sheila Firestone, Co-Presidents



On July 13th, a cross-section of Sisterhood members took part in a community problem solving process led by Sheila. Our purpose was to generate many ideas to enliven our Sisterhood programs and find ways to draw our members together.

We combined ideas to gain an understanding of the interests and needs of our membership. One of our goals is to work in concert with other committees within the Temple's organization to support each other's work.

So...watch for programs that will heighten self-awareness, tickle our fashion sense, tantalize everyone's tastebuds and develop personal skills through crafts, lectures, trips and joint activities.

"What is old becomes new again!" At our October meeting we will unfurl two tablecloths found tucked away in the Sisterhood office. On it are the embroidered names of former members. The women paid \$15 each to have their names embroidered and remembered! Marj Aaron can recall many of the women and she will share their stories at this meeting. Please come to listen, share in a little history and revive the tradition. The meeting is scheduled for Monday, October 12th at 11:30 am. The Sisterhood Board will meet at 10 am. Please bring a brown bag lunch. We will provide coffee and dessert. Please RSVP to Elisa Eisenman at 561-499-0712!

The Sacred Circle, Women's Rosh Chodesh Group resumes on Wednesday, October 21st at 6:45 pm. Sisters, plan to join us as we explore a chapter in the "The Torah of our Lives" and as we plot the Rosh Chodesh pathway for our year. We generate the spirit of our own Joy of Simchat Torah as we design our scrolls and a pathway for our explorations.

**SAVE THE DATE!** On Monday, November 9th at 11:30 am, Sisterhood will host their annual Paid-up Members Luncheon. Details to follow.

**IMPORTANT!** If you want Sisterhood to serve anything special or a cake at an Oneg Shabbat, please contact Sandy Aronson at 642-6540.

## NACOEJ TO FEATURE TEMPLE SINAI AS A MODEL

On Sunday, June 14, 2009, Orlee Guttman, Director of Operations of NACOEJ, The North American Conference on Ethiopian Jewry, came to Florida to interview the Sinai Sisterhood/Rosh Chodesh and Sisterhood Women's Seder group, along with Sunday School student representative Delaney Cotton and Co-VP of our Religious School and parent David Cotton, about our support of Ethiopian Jewry. The Social Action Committee and other interested members also joined in for an informational session. Temple Sinai's involvement first began in 2006 when Barbara Ribakov Gordon spoke at Mitzvah Day, a project of the Social Action Committee.

Orlee shared a Power Point presentation about how the monies we have raised are spent and shared slide pictures from her recent mission to Gondar, which depicts the struggles of the Beta Israel group, impoverished Ethiopian Jewish people who left their African villages to be near the Israeli Embassy, as they wait for approval to make Aliyah to Israel. The visit generated a much clearer picture of the present situation in Gondar.

The discussions focused on the needs of these approximately 8,000 persons who may qualify to go to Israel and how they survive in Gondar as they wait, with the hope that someday they will be allowed to join relatives already living in Israel.

Over the years, the Temple Sinai Sunday School program has sent its Tzedakah monies to the feeding program. The Sisterhood Rosh Chodesh group has collected \$72.00 at each of their monthly meetings to feed a Jewish pregnant woman or a child of school age in Gondar for a full six months. Moved by the NACOEJ newsletter "Lifeline" stories, this Sisterhood group some time ago committed itself to continue collecting donations as a "Tikkun Olam" (Healing for the World) project at

# SISTERHOOD NEWS

## Cont.

monthly meetings. Each year as the Sisterhood plans its Women's Seder, an effort is made to help Ethiopian High School students in Israel receive a full scholarship to cover their yearly expenses. We have raised money through donations and Ethiopian Embroidery sales. It cost \$350 to sponsor a High School student. The Sisterhood is proud to have sponsored two students for the past few years. All present helped to generate ideas for sharing information about how to continue educating the public by sharing our experience, in order to help these Jewish people survive hard times.

### ONEG SHABBAT SPONSORS

#### September

##### September 4

Dolores & Sandy Cowen in honor of Dolores' birthday.  
Sheila & Bruce Firestone in honor of Bruce's birthday.  
Gloria Fleischner in honor of her birthday.  
Seena & Sam Mickelson in honor of Seena's birthday.  
Lillian Nadler in honor of her birthday.  
Harriet & Martin Stein in honor of Harriet's birthday.

##### September 11

Paul Garfinkle in honor of his birthday.  
Rebecca Lippmann in honor of her birthday.  
Sharon Loew in honor of her birthday.  
Caroline Netter in honor of her birthday.  
Lenore & Harold Ostrow in honor of their anniversary.  
Thelma & Bernard Porter in honor of Thelma's birthday.

##### September 25

Deborah & Norman Fedder in honor of Deborah's birthday.  
Annette Levine in honor of her birthday.  
Helene & Sidney Wartel in honor of Helene's birthday.

### 2009-2010 SISTERHOOD OFFICERS

Co-Presidents	Elisa Eisenman Sheila Firestone
VP-Membership	Debbie Cooper
Treasurer	Sandra Aronson
Financial Secy.	Dolores Cowen
Recording Secy.	Barbara Cooper
Corresponding Secy.	Danielle Gabor
Chaplain	Beverly Weiss

### TRUSTEES

Ethel Cohen	Jo Koch
Gerri Dubin	Annette Levine
Henny Freidman	Lillian Nadler
Ruth Helzick	Florence Rodner
Bonnie Hernan	Ruth Seidel
Peggy Jupiter	Gerry Spieler

\*\*\*\*\*

**I AM LOOKING FOR A FEW SPIRITUAL PEOPLE WHO WOULD BE INTERESTED IN FORMING A SPIRITUAL CHAVURAH TO DEEPEN OUR JOYFUL COMMITMENT TO REFORM JUDAISM IN THE RELAXED SETTING OF A CHAVURAH. PLEASE CALL ME AT 561-496-5751 IF THIS IS YOUR DESIRE AS WELL.**

**GLORIA FLEISCHNER**

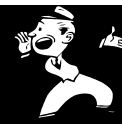
**ADULT EDUCATION IS SEEKING MEMBERS AND FRIENDS WHO WOULD LIKE TO SHARE THEIR EXPERTISE OF JEWISH TOPICS WITH US IN THE COMING 2009/2010 SEASON. PLEASE CALL REBECCA LIPPMANN AT 561-865-9852 TO DISCUSS THIS.**

**GLADYS JOHNSON AD**



# BROTHERHOOD NEWS

By Manny Spunt, President



The Brotherhood welcomes back our friends and Temple members who went north or on some exotic vacation for the summer.

We wish you all, Temple members and friends, a Healthy and Happy High Holy Days, and may you be inscribed in the Book of Life for a long time, L'shana Tovah.

The 2009-2010 Brotherhood Show Season will start off with a new show on November 14; watch this space and the Information Center in the Temple lobby for the announcements. A wonderful **New Year's Party** with a sumptuous buffet, open bar, DJ and other goodies will start at 8 PM on December 31st. **High Tea "With a Song in My Heart"** will be on February 14, 2010. The third show "James Michael Revue" is scheduled for March 6th. For June 6, 2010, the Israeli Scouts are coming back to Temple Sinai for another great show. Watch for information and get your reservations in early. These events generally sell out very fast and if you want to attend, let us hear from you soon.

**Please Note:** For all Brotherhood shows we are happy to take reservations. However, due to past problems, **reservations will only be held open for fourteen (14) days.** After that period, the tickets must be paid for or they will be placed back into the system.

We have four **Brotherhood Breakfasts** scheduled: **November 8, 2009 with Rabbi Kanter; January 10, 2010 Brotherhood/Sisterhood Breakfast; February 21, 2010 Rabbi Weisman: Jewish Humor and March 28, 2010 Rabbi Agin.** This is a good chance to socialize with our Temple members, meet new members, enjoy yourselves and maybe learn something interesting. Remember that **all** are welcomed; wives, ladies, best friends, pals, neighbors, buddies, and all that want to have a good time.

Our **Singles Dances** continue on the first and third Wednesday of each month. The evening starts with dance instructions at 7:30 p.m. and open dancing at 8 p.m. Refreshments are served, and the admission is \$6 per person. **We still need your help** on this program. Please contact Morris Jackler to do so. This is a fun way to spend a few hours at Temple.

The Brotherhood and Temple members will be labeling chairs and putting out the High Holy Day prayer books on September 17th at 9:30 AM. If you would like to help in this worthwhile project, meet me at the Temple on the 17th. Also, on Tuesday, September 29th at 9 AM, we will be restoring the Sanctuary by putting away the High Holy Day prayer books and putting out the regular prayer books and songsters. So come and join us in getting our sanctuary restored.

For those men who would like to become active in the Brotherhood, the Board meetings are held the first Tuesday of each month. All are welcomed and appreciated. Please call me, Manny Spunt, at 495-0038.

For all of our Brotherhood programs and Temple Sinai programs, see your Tablet and the Information Center in the Temple lobby.

## **BROTHERHOOD OFFICERS**

President	Manny Spunt
Executive V. P.	Morris Jackler
Treasurer	Gary Walters
Recording Secy.	Richard Byer
Corresponding Secy.	Barry Axelrod

## **BOARD MEMBERS**

Gary Bandel	Marty Stein
Martin Goldstein	David Stern
Robert Goodman	Perry Weinthal
Richard Herman	Steve Young

**Letter to Bob Goodman sent August 19, 2009**

Dear Bob:

It was nice to have our "annual" phone call yesterday and I hope the Rita and Sol Toscher Memorial Fund money will be out to Temple Sinai very soon. Do let me know if you do not have it in a week or so and I'll check things out.

I want to tell you how much I enjoy the Saturday morning services. Last week we discussed the reasons we attend. For me it's a necessary break from a stressful life—I welcome the peace, quiet, and time to recharge my batteries.

I especially enjoy listening to Rabbi Kanter, Margaret's charming personality and marvelous voice; and the wonderful rapport and chemistry between them.

We are getting more people on Saturday mornings because of these lovely services.

Fondly,  
Jeanne Hirshberg

**SPONSOR A SISTERHOOD  
ONEG SHABBAT**

We call and ask you if you want to sponsor a birthday Oneg. How about calling us to say you have another occasion to sponsor an Oneg? Some examples are a Yahrzeit, a graduation, a grandchild's birth, a Bar or Bat Mitzvah, returning from a summer trip, recovering from an illness or just because you want to.

Call Henrietta Freidman at 561-498-4288 to make arrangements. The cost is \$40.



PLEASE JOIN THE EXCITING  
SOCIAL ACTION COMMITTEE.

CREATIVE AND DEDICATED  
MEMBERS ARE NEEDED TO HELP PLAN  
AND PROMOTE SOCIAL, RELIGIOUS AND  
CULTURAL ACTIVITIES TO BENEFIT OUR  
TEMPLE, OUR COMMUNITY,  
AND ISRAEL!!!

Please call Evelyn Reich or Steve Saposnik  
at 276-6161, ext. 55 for more details and  
to get involved!

**JEWISH HOLIDAY CALENDAR  
5769/5770/2009**



<i>September 12</i>	<i>Selichot</i>
<i>September 18</i>	<i>Erev Rosh Hashanah</i>
<i>September 19</i>	<i>1st day of Rosh Hashanah</i>
<i>September 20</i>	<i>2nd day of Rosh Hashanah</i>
<i>September 27</i>	<i>Kol Nidre</i>
<i>September 28</i>	<i>Yom Kippur</i>

**IMPORTANT!!**

**Please notify Cookie Sagerman in the Temple office directly with any change of:**

**Address**

**Phone #**

**Or any info regarding:**

**Birthdays**

**Yahrzeit dates**

**Her e-mail address is:  
cookie@templesinaipbc.org**

**She can be reached on ext. 29 in the Temple office.**

**USHERS NEEDED**

The Temple Sinai Ushering Committee is always looking for people who would like to usher at the **Erev Shabbat** Services.

If you would like to join a group of dedicated Temple members who enjoy meeting and greeting people, passing out programs and song sheets and making the **Shabbat** a meaningful experience, join us.

We only ask for your help on one **Shabbat** a month, about 40 minutes before the services to pass out the programs and a little time after the services to collect the extra programs.

We also need ushers for the **High Holiday Services**, which is generally only at one service during the High Holy Days.

If you (men and women) are interested, call Manny Spunt at 561-495-0038, or the Temple office at 276-6161.



## THIS AND THAT...

### WE WELCOME VISITORS...

It is our custom to pin a small flower on all visitors to our Friday night services. If you see new faces and they are wearing a flower, please make an effort to chat with them before services and at the Oneg.

### IMPORTANT! PLEASE NOTE:

**Any and all information—dates, times, etc.-must be submitted CORRECTLY! The Tablet is not responsible for these errors.**

**Thank you!**

### FLOWER DONATIONS

*Please call Millicent Silverstein at 495-9148.*

*Celebrating an Anniversary or another Happy Occasion? Share your Simcha with the Temple by brightening our Bima with beautiful flowers.*

DR. SPINNER

DELRAY BEACH PLAYHOUSE

STALLER AD



# SEPTEMBER CELEBRATIONS



## *Happy Birthday*



- |                     |                       |                        |
|---------------------|-----------------------|------------------------|
| 1 Bruce Firestone   | 8 Jerry Pinsky        | 18 Miriam Rosenfeld    |
| 1 Gloria Fleischner | 9 Paul Garfinkle      | 19 Rhonda S. Bornstein |
| 2 Phyllis Steinberg | 9 Sydney Luntz        | 19 Helen Packer        |
| 3 Phyllis Adelman   | 9 Andrew Montague     | 20 Ina Gershenson      |
| 3 Yetta Ginsberg    | 10 Sharon McGuire     | 20 Robert Goodman      |
| 3 Harriet Stein     | 10 Rhoda Mehr         | 20 Josephine Koch      |
| 4 Irving Cohen      | 10 Thelma Porter      | 20 MaryAnne Okun       |
| 4 Dolores Cowen     | 11 Lucille Karasick   | 22 Susan Bluerock      |
| 4 Lillian Nadler    | 12 Bailey Blogg       | 22 Ariel Silverman     |
| 5 David Cotton      | 12 Terry Colavecchio  | 22 Helene Wartel       |
| 5 Brenda Newell     | 14 Betti Adams        | 23 Annette Levine      |
| 5 Mathew Wiland     | 14 Rebecca Lippmann   | 24 Marisol Asseraf     |
| 6 Linda Buvitt      | 14 Caroline Netter    | 24 Adam Lichtenstein   |
| 7 Arnold Goldstein  | 15 Carly Nichols      | 24 Muriel Miller       |
| 7 Seena Mickelson   | 15 Carol Rippner      | 26 Patricia Bernstein  |
| 7 Mark Priddy       | 16 Michael Ruskin     | 26 Lesa Goltz          |
| 7 Fay Rosenthal     | 17 Sharon Loew        | 28 Deborah Fedder      |
| 7 Morris Schneider  | 18 Doreen Christopher | 28 Marlene Goldstein   |
| 8 Lynne Dunton      | 18 Howard Friedman    | 28 Olivia Izenwasser   |
| 8 Janet Gottfried   |                       | 28 Lenore Ostrow       |

## *Happy Anniversary*



- 1 Marj & Archie Aaron
- 1 Marlene & Sheldon Kane
- 1 Ally & Ben Stein
- 2 Elaine & Tut Burstein
- 3 Irene & Burt Monchik
- 3 Sylvia & Lewis Sheketoff
- 4 Claire & David Rockower
- 5 Leslie & Paul Geller
- 5 Lenore & Harold Ostrow
- 9 Francine & Andrew Montague
- 12 Sandra & Robert Aronson
- 14 Myrna & Larry Berger
- 15 Cookie & David Sagerman
- 16 Phyllis & Seymour Birken
- 23 Carole & Morty Benowitz
- 29 Andrea & Alan Gertz



# TEMPLE SINAI FAMILY

## MAZEL TOV

To Marge & Maurice Gorbaty on their grandson Steven Fifield's graduation from Michigan State University College of Law. He received his Juris Doctor and is getting married in August 2010. Their granddaughter, Lauren Fifield, received her Bachelor of Science degree from Eastern Michigan.

## THANK YOU

Out of every Rainy Day, there comes some sunshine. Our sunshine came with the many cards and donations from our Temple Sinai Family in memory of our son Robbie. On behalf of all our Family, we Thank You.

A.J. & Tom McCabe

\*\*\*\*\*

I would like to thank our Temple Sinai Family for their expressions of condolence and generous donations in memory of my mother, Florence Larva. She was very proud that we continued to keep our Jewish heritage alive and participated in many of our live cycle events during our 17+ years at Temple Sinai.

Sincerely,  
The St. John Family  
Shanna, Bill, Alana, and Joelle

\*\*\*\*\*

Thank you for your good wishes for my recovery and the beautiful bima flowers, and thank you to Rabbi Kanter for his visits.

Evie Sanders

\*\*\*\*\*

Thank you to all our Temple Sinai friends for good wishes for Gail's recovery.

Gail & Allan Young

\*\*\*\*\*

## TEMPLE SINAI WELCOMES NEW MEMBERS



Norman Benson  
Dr. Ronald Hames  
Marcia Kalinsky  
Shirley Kirsch  
Irene & Burt Monchik  
Elaine Schwartz

Ally & Ben Stein  
Evelyn Zinkerman

## GET WELL

Gary Bandel	Thelma Porter
Bill Bernard	Carol Schoenberg
Susan Bluerock	Donald Schoenberg
Herbert Cohen	Morton J. Siet
Dotty Dublin	Myrna Spunt
Henrietta Friedman	Blanche Stern
Marj & Maury Gorbaty	Dorothy Velkowitz
Lucille Karasick	Herb Weinberger
Dolly Malitz	Beverly Weiss
Seena & Sam Mickelson	Carl Werblood

## New Temple E-mail addresses:

### Office Staff:

Judie Barbieri: judie@templesinaipbc.org  
Cookie Sagerman: cookie@templesinaipbc.org  
Lillian Weiss: sinailil@templesinaipbc.org

Steve Osher, Religious School Director:  
schooldirector@templesinaipbc.org

RIVERSIDE GORDON  
AD



## A MUSICAL NOTE FROM MARGARET

As of July 30, 2009

Dear Friends,

I just got off the plane from Cincinnati a few hours ago. I may be back on the ground, but I am still floating! I spent the last 5 days at the URJ sponsored Mifgash Musicale. This annual conference for Temple musicians is held at Hebrew Union College each summer. Do you remember my glowing report on last year's Mifgash? Well, this year was just as good.

The topic this year was Shabbat worship. We studied and used the Mishkan T'Filah (the new prayer book) at twice daily services. I was in a workshop with Rabbi Richard Sarason, and we did some detailed study on the Mishkan, as well as other liturgical topics. I was also in a workshop that designed a Family Service for Shabbat. I heard some great new songs for our children to sing, and found some wonderful readings for our family services.

We also sang through many, many pieces of music, some old, some brand new, many wonderful! I brought back a huge stack of music for our choir. Since the emphasis this year was using instrumental music for Shabbat worship, many of the new pieces have parts for an instrument.

Our faculty was outstanding. We had several prominent Cantor/composers, including Benjie Ellen Schiller and Erik Contzius. Jewish rock star Josh Nelson was there, as was famed composer Bonia Shur. They all performed their own compositions for us, and gave us insight into their composing techniques. The rest of the faculty was equally wonderful. The panel discussion with four cantors giving their views on the future of Jewish music was fascinating and thought provoking.

The best part of the Mifgash was the chance to exchange ideas and experiences with other people. It's good to know what is happening in other congregations, what works for them, and what may work for us.

It was nice to see so many people from last year, and also make some new friends. Many of the people participating are composers. You will be hearing music written by several of my fellow students in the near future. And we may have a few guests stopping by during the winter to add their voices to our service.

B' Shalom,  
Margaret

## AN ALIYAH IS AN HONOR

One of the privileges of membership of Temple Sinai is to receive an Aliyah. Aliyot are given to all members to celebrate a birthday, an anniversary, a birth, a wedding, a B'nai Mitzvah, or for any other reason.

There are many different Aliyot: Torah blessings, candle lighting, kiddush, carrying a Torah, opening and closing the Ark doors.

Members participating should feel no obligation to make a contribution. It is our aim to give every member an Aliyah during the year.

**WHEN GIVEN A BIMA HONOR, HONOR THE BIMA WITH APPROPRIATE ATTIRE.**

Please contact Evelyn Reich (637-3507) to request an Aliyah for your special occasion.

## MANHATTAN MORTGAGE

## HERITAGE PARK AD

Garage Entry Service



## CRAFT CHAVURAH

We have a full inventory of many lovely fine handmade items for children and adults in stock at this time. Please call me if you are interested in purchasing them.

All monies received are donated to the Temple. Again, we're asking for ladies to join our group. Call Bea Hoffman at 499-7519.



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Cantorial Soloist	Margaret Schmitt
Religious School Director	Steve Osher
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\*\*\* Honorary Lifetime Member

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